

**JOB TITLE:** Honorary Assistant Psychologist  
**REPORTING TO:** CEO  
**TERMS:** Volunteer, up to 5 hours per week  
*We need the volunteer in this role to be available some evenings to support project delivery.*

### What We Are Looking For

**In Your Corner** is a small charity that packs a big punch! We understand Clinical Psychology is a competitive career where gaining access to relevant experience that supports progression to paid assistant psychology posts can be challenging. We also recognise that clinical psychology is not currently a diverse profession, and we would hugely benefit from more people with lived experience and from black, minoritised, and other diverse backgrounds being supported to access the profession.

We offer voluntary Assistant Psychology roles to support aspiring graduates in developing the experience and skills that will help them gain a substantive post (e.g., assistant psychologist, associate psychologist, research assistant). Volunteer roles are offered on a part-time basis, flexibly.

These opportunities are unpaid and offered voluntarily; however, we commit to developing people very seriously as an organisation. We have a team of Clinical psychologists and have Clinical Psychologists as Trustees. Our previous Assistant Psychologists have successfully gained NHS Assistant Psychology posts, places on Doctoral Clinical Psychology training and places on Doctoral Forensic Psychology training.

We offer the following support and development opportunities for people in voluntary roles:

- Individual supervision with a Clinical Psychologist
- Team “thinking together” spaces which support practice development and make links between psychological theory and clinical practice
- Signposting to appropriate local CPD opportunities
- Networking and presentation opportunities within local services and partnerships
- ***Paid travel expenses to/from projects***

The Assistant Psychologist will work under the close supervision of the team’s Clinical Lead and one of the team’s Clinical Psychologist or Senior Child Mental Health Clinicians. They will work as part of a small multi-agency team, jointly delivering psychologically informed group interventions that use non-contact boxing and fitness activities. **Candidates must be available to deliver sessions evenings.**

### Who We Are and What We Do

Founded in 2017, we support the emotional and physical wellbeing of some of London’s most vulnerable young people. Through a unique combination of group talking therapy and non-contact boxing, we deliver 12 week programmes for young people across London, that are co-delivered by mental health experts and England accredited boxing coaches. The combination enables young

people struggling with their emotions, confidence, and health to find a positive outlet and learn skills to cope and thrive. We work with young people whom clinic-based services consider hard to engage, across a range of accessible community settings, including partnerships with schools, boxing gyms, and youth services. We are currently delivering programmes in Camden, Islington, Brent, Westminster, and Southwark.

**In Your Corner** is a values-based organisation. Our values are **Connection**; being **Inclusive**; **Effective**; and **Empowering**.

### KEY RESPONSIBILITIES

- Support project delivery and outreach work with young people participating in our CONNECT project, a partnership project with London Community Boxing based in Peckham Rye.
- Respond to referrals and queries received from our website and general e-mail inbox.
- Support and enhance the assessments and group interventions delivered to young people in the boxing gym / other venues via joint group delivery, including full participation in the sessions' psychological, non-contact boxing, and fitness elements.
- To provide a range of 1:1 assessment and group interventions under the supervision of a Clinical Psychologist/Senior Child Mental Health Professional.
- To support the smooth running of group interventions by contributing to practical and organisational tasks.
- To complete all sessional planning and debriefing tools as requested.
- To support sustained engagement of the young people via assertive engagement, individual outreach work, including social media, video content and phone/video calls.
- To collect service evaluation data collection and enter this into In Your Corner's systems.
- To regularly attend and contribute to individual and group supervision and project meetings.
- Work independently according to plans agreed with a qualified staff member and within In Your Corner's policies and procedures.
- To receive supervision for all clinical work in accordance with professional practice guidelines.
- To ensure the development and maintenance of the highest personal standards of practice through active participation in CPD, training, and other development opportunities.
- To adhere to all clinical governance mechanisms, recording and monitoring systems are in place to ensure the quality and effectiveness of the service.
- Always behave as an accountable and communicative team player, upholding the organisational values of LCB and In Your Corner.
- Ensure you are familiar with and comply with In Your Corner's safeguarding policies and processes and those agreed with any partnership agencies.
- Participate in required safeguarding training and supervision.
- Comply with required professional boundaries and codes of conduct.

***This role is subject to Enhanced DBS checks.***

## PERSON SPECIFICATION

Competency or Experience	Essential (E) Desirable (D)
<b>EDUCATION / QUALIFICATIONS</b>	
Has completed (or is currently completing) a Psychology degree with entitlement to Graduate Basis for Chartered Membership of the British Psychological Society.	E
Sports leadership/coaching / personal training qualification.	D
<b>KNOWLEDGE &amp; EXPERIENCE</b>	
Experience working with children or adolescents or with a mental health client group.	E
Experience working in a multidisciplinary or multiagency team	E
Experience in sports coaching /leadership role OR considerable experience in sports participation.	E
Clear interest in working with socially excluded young people and their families and understanding the issues that impact their lives.	E
Experience working within a multicultural perspective and with young people from black and minoritised communities.	E
Participation in boxing or experience in coaching boxing.	D
<b>SKILLS &amp; ABILITIES</b>	
Ability to apply existing psychological knowledge to interventions with young people and families.	E
Excellent verbal communication skills to communicate complex information to young people, families, and professionals.	E
Excellent writing skills with the ability to communicate clearly (e.g. presentations, reports).	E
Excellent interpersonal skills and ability to form effective working relationships with team members and clients.	E
Able to work autonomously within professional guidelines and agreed parameters whilst effectively using supervision.	E
Excellent administrative and IT skills, including MS Office.	E
Ability to prioritise a range of competing tasks to work efficiently and productively and meet agreed deadlines.	E
Can actively and accurately use systems to collect and manage data (e.g. databases, spreadsheets). Values accuracy in data recording.	E
A working knowledge of the key principles of safeguarding legislation/policies and GDPR/data security and the ability to work competently within them.	E
<b>PERSONAL QUALITIES</b>	
A willingness to work flexibly across settings and timings as required, including regular early evening work on weekdays and travel.	E
Willingness and ability to take an active role in boxing session delivery in the gym, including learning basic boxing skills if you do not already have these.	E
Openness to the flexible use of psychological ideas in community settings and ability to take on colleague feedback.	E